

2026 Adams Health Swiss Days Race Information

Registration: Online registration is open till 11:59pm Wednesday, July 22nd . If someone wants to participate but missed registration, we will allow race day registration at the registration table until 8am.

Online registration is available at: <https://runsignup.com/Race/IN/Berne/SwissDaysRace>

Pickup: You may pick up your T-shirt and timing bib Friday, July 24th from 9am to 4pm at the information chalet at Swiss Days or at the registration tent on race morning beginning at 7am. All participants need a timing bib.

T-shirts: Shirts are only available to those who registered by Sunday, July 19th by 11:59pm

Parking: Please note that the race takes place on Jefferson, Washington, and Sprunger streets as well Parr Road and Swiss Way. To keep things open for the race, please do not park on these streets. You should have plenty of parking away from those streets.

Restrooms: Restroom availability is limited to the port-a-pots around Swiss Days

Awards: Awards will be presented for both the 5k and mile race after the mile race is completed. Awards will be presented to the top 10 in each group. Our top male and female finishers, in both the 5k and mile, will also receive a wheel of cheese for their efforts.

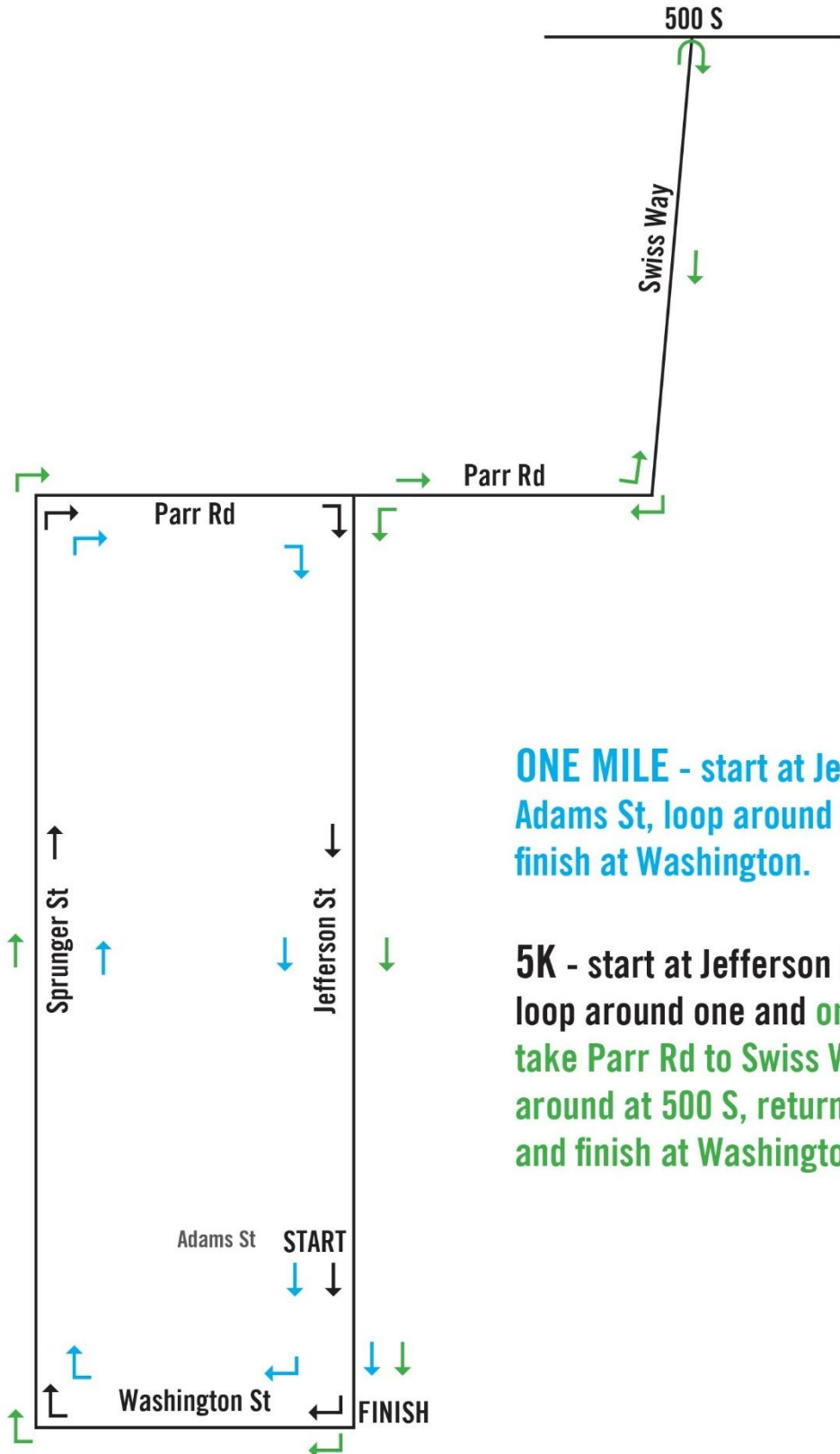
Map: The course map is included. There will be someone leading both races through the course. Please try to keep the course clear while the races are going on. We want our participants to have a worry-free time navigating their way around the course.

Kids Race: Parents, or helpers, are allowed to run with their child in the mile race. We ask that you are mindful of the other participants and let the kids have their fun. If you think your child is going to compete from the front, put them at the front. If they might not be as competitive, or a little nervous, please position them more toward the rear of the starting line.

Results: Our race is timed by eRunner Timing and Results. Full results will be available at <http://erunner.biz/results> after the races are completed.

Refreshments: Bottled water and bananas will be available for race participants.

Sponsors: Thank you to Adams Health Network for becoming the title sponsor of this event. Also, thank you to The First Bank of Berne, Truland Equipment, The Berne Witness, Graber Insurance, and Sportique Graphics for joining us in as sponsors also.



ONE MILE - start at Jefferson & Adams St, loop around once and finish at Washington.

5K - start at Jefferson & Adams St, loop around one and **one half times**, take Parr Rd to Swiss Way, turn around at 500 S, return to Jefferson and finish at Washington.